

SPRINGDALE | ZION CANYON

Provided by:
ZION CANYON
VISITORS BUREAU & **ZION**
GREATER

RESTAURANTS

SHUTTLE STOP

- 2 Anthera
- 9 Añu
- 6 Bit & Spur
- 5 Bumbleberry Bakery
- 4 Camp Outpost Co
- 3 Canyon Coffee
- 6 Dulivia Ristorante Italiano
- 3 Hangry Goat
- 2 Jack's Sports Grill
- 6 FeelLove Coffee
- 7 King's Landing
- 5 MeMe's Café
- 5 Oscar's Café
- 8 Park House Café
- 1 Perks at Zion Espresso
- 5 Porter's Restaurant
- 5 Red Rock Grill
- 3 Spotted Dog
- 6 Switchback Grille
- 2 Thai Sapa
- 5 Water Canyon Winery

SHUTTLE STOP

- 9 Wild Thyme Café
- 5 Zion Canyon Brew Pub
- 5 Zion Pizza & Noodle Co

GALLERIES & SHOPS

SHUTTLE STOP

- 5 Bumbleberry Gifts
- 5 Canyon Offerings
- 5 Canyon Outfitters
- 4 David J West Gallery
- 5 DeZion Gallery
- 1 Happy Camper Market
- 3 Hoodoos Market & Boutique
- 5 Simply Birkenstock
- 5 Sol Foods Supermarket
- 5 Sol Foods Hardware
- 5 Sorella Gallery
- 5 Springdale Candy Co
- 6 Switchback Trading Co
- 1 Trailhead Gifts & Gear
- 2 Tribal Arts Gallery
- 4 Worthington Gallery
- 5 Zion Lodge Gift Shop

SHUTTLE STOP

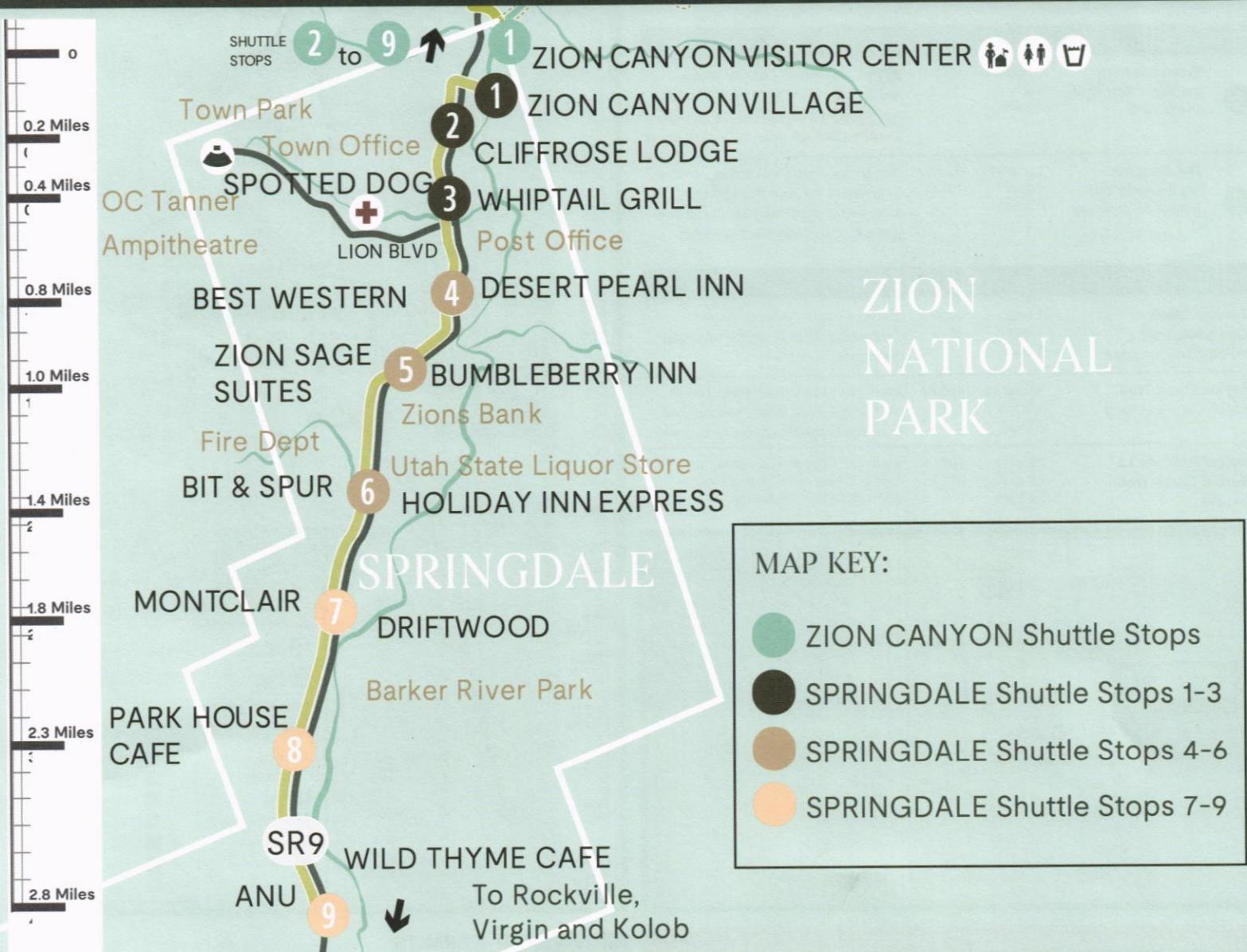
- 1 Zion Forever Project Park Store
- 7 Zion Rock & Gem

SERVICES & OUTFITTING

SHUTTLE STOP

- 9 Canyon Paws
- 3 Deep Canyon Spa
- 2 Five Petals Spa
- 1 Mild to Wild Rhino Tours
- 1 The Spa at Cable Mtn Lodge
- 3 Zion Adventure Co
- Zion Canyon Medical Clinic
- 4 Zion Guru
- 5 Zion Park Laundry
- 9 Zion Jeep Tours
- 1 Zion Outfitter
- 3 Zion Peddler

For local events and more information on other businesses including Lodging, visit www.ZionPark.com



**Free customer parking is available at all businesses, while paid parking in Springdale is available to those visiting Zion Nat'l Park.

Zion Information Guide

National Park Service
U.S. Department of the Interior

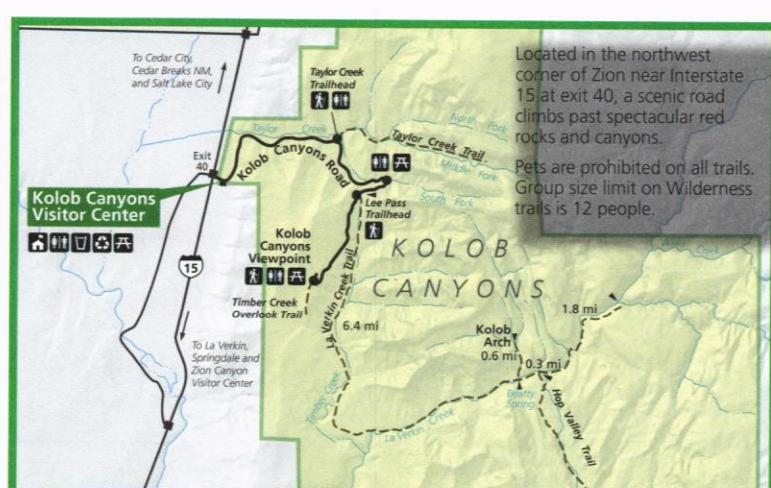


Hiking Guide

Shuttle Stop	Hike Location	Round Trip Average Time	Elevation Change	Description
EASY				
1	Pa'rus Trail Visitor Center Canyon Junction	2 hours 3.5 mi / 5.6 km	50 ft / 15 m	Paved trail follows the Virgin River from the Visitor Center to Canyon Junction.
5	The Grotto Trail Zion Lodge The Grotto	0.5 hour 1 mi / 1.6 km	35 ft / 11 m	This short trail parallels the roadway, connecting the Zion Lodge to the Grotto. It is located behind the shuttle stop.
9	Riverside Walk Temple of Sinawava	1.5 hours 2.2 mi / 3.5 km	57 ft / 17 m	Paved trail follows the Virgin River in a deep canyon. First 0.4 miles is wheelchair accessible but may be sandy.
Moderate				
East Side	Canyon Overlook East side of Zion Tunnel	1 hour 1.0 mi / 1.6 km	163 ft / 50 m	Minor drop-offs and handrails. Ends at a viewpoint of lower Zion Canyon. Parking is limited.
1	Watchman Trail Zion Canyon Visitor Center	2 hours 3.3 mi / 5.3 km	368 ft / 112 m	Minor drop-offs. Ends at viewpoint of the Towers of the Virgin, lower Zion Canyon, and Springdale.
4	Sand Bench Trail Court of the Patriarchs	3 hours 4 mi / 6.4 km	466 ft / 142 m	Hike atop a massive landslide under The Sentinel. Minor drop-offs. Commercial horse trail from March to October.
6	Kayenta Trail The Grotto	1.5 hours 2 mi / 3.2 km	150 ft / 46 m	Moderate drop-offs. An unpaved climb to the Emerald Pools. Connects the Grotto to the Emerald Pools Trails.
6	Lower Emerald Pool The Grotto (via Kayenta Trail)	1.5 hours 2 mi / 3.2 km	150 ft / 46 m	Moderate drop-offs. An unpaved descent which leads underneath the Middle Emerald Pools to the Lower Emerald Pool. No swimming.
6	Middle Emerald Pools The Grotto (via Kayenta Trail)	1.5 hours 2.2 mi / 3.5 km	150 ft / 45 m	An unpaved climb to a sandstone ledge that parallels the lower trail at a higher elevation. No swimming.
6	Upper Emerald Pool The Grotto (via Kayenta Trail)	2 hours 3 mi / 4.8 km	200 ft / 61 m	Minor drop-offs. A sandy and rocky trail that climbs to the Upper Emerald Pool at the base of a cliff. No swimming.
Strenuous				
6	Scout Lookout via West Rim Trail The Grotto	3 hours 4.2 mi / 6.2 km	1000 ft / 305 m	Long drop-offs. Not for young children or anyone afraid of heights. Hikers need a permit to go to Angels Landing. Use QR code on back to apply.
9	The Narrows (via Riverside Walk) Temple of Sinawava	Up to 8 hrs 9.4 mi / 15.1 km	334 ft / 102 m	You are responsible for checking weather, water levels, and flash flood potential before attempting. This hike is in the river and subject to dangerous flash floods. Out and back hike.

KOLOB CANYONS HIKING TRAILS

Timber Creek Overlook Trail Kolob Canyons Road	1 hour 1 mi / 1.6 km	100 ft / 30 m	Follows a ridge to views of Timber Creek, Kolob Terrace, and the Pine Valley Mountains.
Taylor Creek Trail Kolob Canyons Road	3.5 hours 5.0 mi / 8.0 km	450 ft / 137 m	Maximum 12 people per group. Follows the Middle Fork of Taylor Creek past two homestead cabins to Double Arch Alcove.
Kolob Arch via La Verkin Creek Trail Lee Pass	8 hours 14 mi / 22.5 km	1037 ft / 316 m	Maximum 12 people per group. Trail follows Timber and La Verkin Creek. A side trail leads to Kolob Arch.



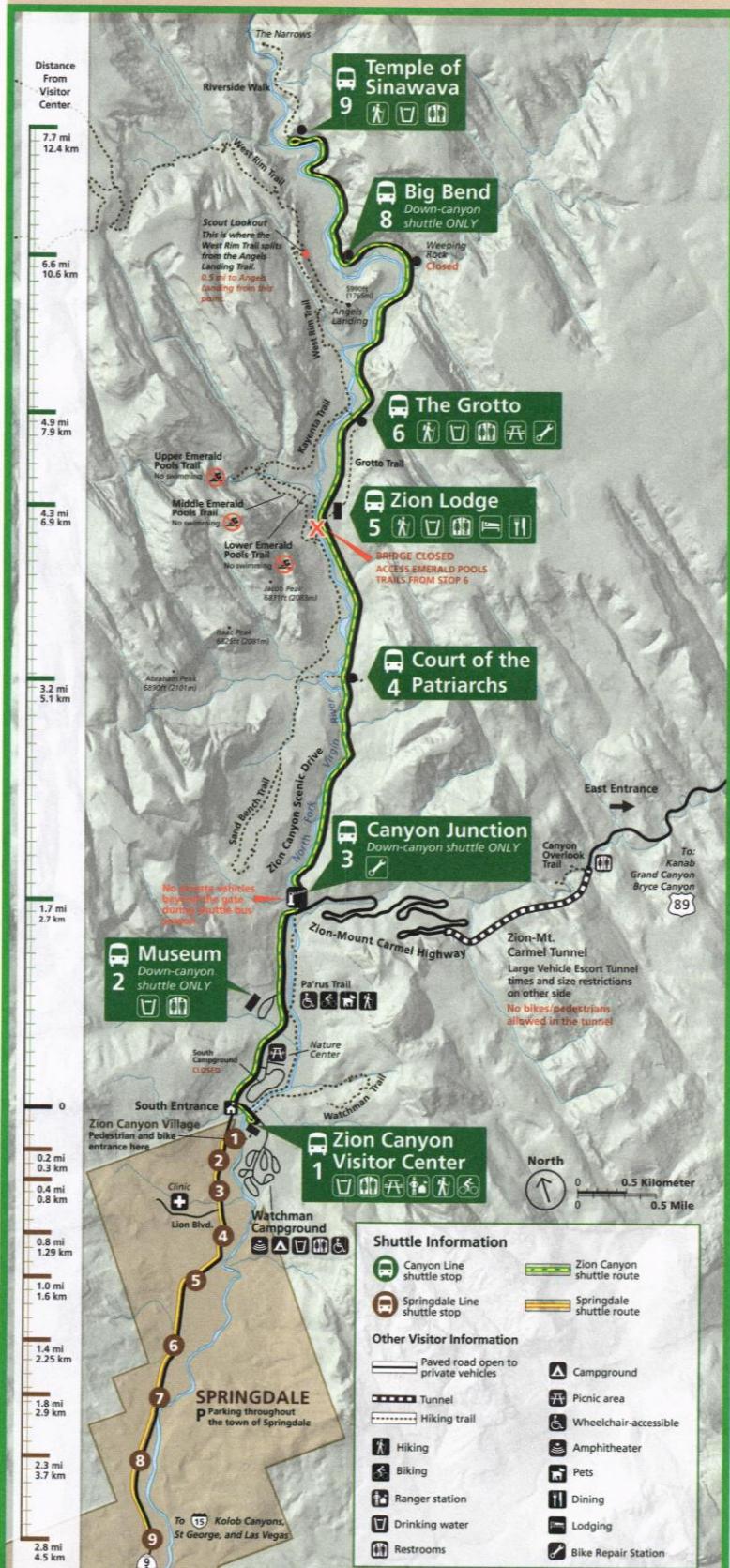
Zion Shuttle

For most of the year, the Zion Canyon Scenic Drive is open to shuttle buses only. Private vehicles are not allowed on the Scenic Drive beyond Canyon Junction during the shuttle bus season. Bicycles and E-bikes must pull over and stop to allow shuttles to pass.

SHUTTLE SCHEDULE	November 3 to December 1	December 20 to December 29	December 30 to Spring 2025
<i>Subject to change. Check website for current hours</i>	<i>First bus into the canyon from the Zion Canyon Visitor Center</i>		
	7:00 a.m.	8:00 a.m.	Out of service
	Last bus into the canyon from the Zion Canyon Visitor Center	4:00 p.m.	3:00 p.m.
	Last bus out of the canyon from Temple of Sinawava	6:15 p.m.	5:45 p.m.
	<i>No shuttle service December 2-19</i>		

Town of Springdale Shuttle

First bus from Springdale Stop #9	8:00 a.m.	8:00 a.m.	Out of service
Last bus leaves Zion Canyon Village	6:00 p.m.	5:30 p.m.	Out of service



24-HOUR EMERGENCY RESPONSE: CALL 911
Park emergencies: call 435-772-3322 (daylight hours)

911

Emergency care, medical clinics, and pharmacies are located in the City of Hurricane about 30 minutes from Zion. The nearest hospitals are in St. George, Cedar City, and Kanab.

PERMITS

Scan this QR Code to learn about permits. You need a permit for activities including, but not limited to: Hiking to Angels Landing, backpacking, canyoneering, climbing bivy camping, and hiking some wilderness routes. Angels Landing permits can only be applied for online.

