



2020 RUNNERS' GUIDE

Welcome to the 2020 Butch Cassidy Virtual 10K and 5K. We are happy you have joined us for this year's virtual race. Please review the important information in this runners' guide in its entirety. If you have additional questions, please call 435-772-3434 or email rgubler@springdale.utah.gov. We look forward to your participation and hope you have fun!

Race Dates

Run the race any time between **November 7, 2020** and **November 21, 2020**.

Race Options

Option 1: Run anywhere

For this option, runners may choose to run a 5k or 10k anywhere of their choosing between the dates of November 7 and November 21. Once they have completed their race, runners will submit their race results using Race Entry. (Please see section titled *Submitting Results on Race Entry* for instructions)

Option 2: Run the course

For this option, runners will run the original Butch Cassidy course between the dates of November 7 and November 21 and will compete with other runners for a prize using the free app Strava. The winner from each category (listed below) will receive a fabulous Butch Cassidy hoodie as a prize. (Please see section titled *Using Strava* for instructions)

This year's race categories are as follows:

Men	Women	Children (under 10)
Age 11-25: 5k	Age 11-25: 5k	5k
Age 11-25: 10k	Age 11-25: 10k	10k
Age 26-50: 5k	Age 26-50: 5k	
Age 26-50: 10k	Age 26-50: 10k	
Age 51+: 5k	Age 51+: 5k	
Age 51+: 10k	Age 51+: 10k	

Option 1: Run Anywhere - Submitting Results on Race Entry

For runners who are not interested in competing for prizes and want to run the 10k / 5 k anywhere, you will submit your race results on race entry. To submit your race results on Race Entry, you will need to go back to your registration confirmation email and click the button labeled **“Manage Your Registration.”** From there, you will be taken to the self-management page where you can click the button labeled **“Submit Virtual Results”** to enter your time.

Option 2: Run the Course - Using Strava

Runners who wish to compete for prizes while running the Butch Cassidy course will be required to use Strava to track times.

To use Strava participants must sign up for a free Strava account at strava.com or on the Strava app. Participants must also have a GPS enabled device (phone, GPS enabled fitness tracker, GPS watch, etc.) linked to the Strava account.

To compete in the virtual 10k or 5k, record an activity on Strava running the original Butch Cassidy course (see course descriptions below). Title your activity “2020 Butch Cassidy 10K – [Participant Name]” for the 10k. For the 5k use “2020 Butch Cassidy 5K – [Participant Name].”

For example, if LeRoy Parker were running the virtual 10k, he would title the Strava activity, “2020 Butch Cassidy 10K – LeRoy Parker.” **Remember to make your Strava activity public so we can view your results.**

Note: Children or other participants who do not have a Strava account can record an activity on the Strava account of a parent or other person. Just make sure the participant’s name is used in the title of the activity. Each participant needs to record his or her own Strava activity. Even if you are running in a group, everyone participating in Option 2 needs to have their own unique Strava activity.

Prizes will be awarded based on performances recorded by registered runners on the Strava segments “Butch Cassidy Virtual 10K” and “Butch Cassidy Virtual 5k” between November 7 and November 21, 2020.

There are multiple ways to cheat in this virtual competition. Don’t do any of them. Butch Cassidy doesn’t have any patience with cheaters. (marathoninvestigation.com)

Course for Option 2 (Competitive Virtual Race on Strava)

10K- Starts directly in front of the Driftwood Lodge Sign at the Driftwood Lodge in Springdale (1515 Zion Park Boulevard). The course heads south then west on State Route 9 to Rockville. The course turns left (south) onto Bridge Road in Rockville. After crossing the historic Rockville Bridge, the course turns right onto Grafton Road. The course follows Grafton Road to the historic Grafton townsite, and ends at the gate into the Grafton church/schoolhouse property.



Figure 1 10k start line.

5K- Starts on Grafton Road in Rockville at the first driveway on the right after Bridge Road. The 5K follows the second half of the 10K course and ends in Grafton, at the gate to the church/school house property.



Figure 2 5k start line.

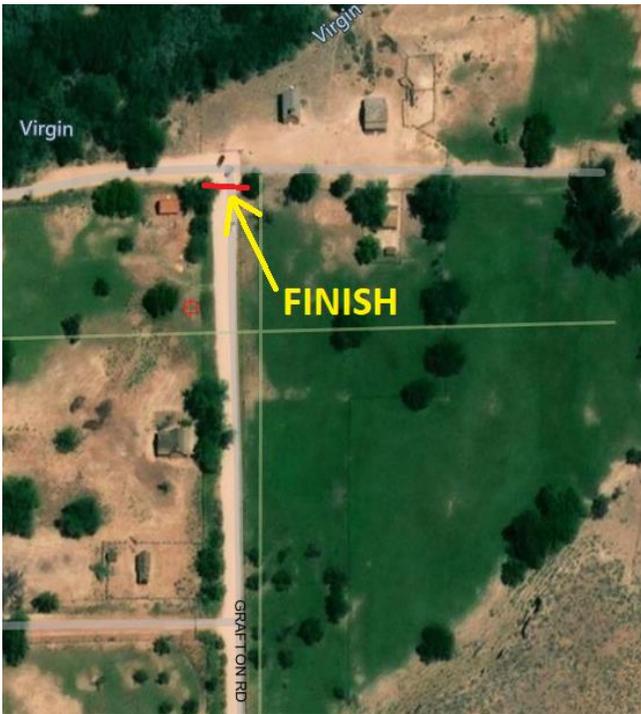


Figure 3 Finish line for both races.

Runner's Bags, Medals and Shirts

This year, runner's bags will be sent out via mail to participants after the race. This will include swag from our sponsors, our world-famous Butch Cassidy t-shirts, and for the first time ever, finisher medals for all participants. All items will be shipped to the address given for registration.

Virtual Butch Selfie Competition

If you thought the Butch Cassidy Race was just about running fast you were wrong, dead wrong. We want you to run fast, but we also want you to have some fun while doing it. Participate in the Virtual Butch Selfie Competition by sending your best Butch selfie to rsanders@springdale.utah.gov to compete for an amazing prize from one of our sponsors. These photos can be taken during or just after finishing the race and will be put into an album on the Butch Cassidy Facebook page. Show us what you got!

Important Reminders

Because this year's race is different than in years past, we ask that you please review these important reminders so that everyone can stay safe and have a great experience.

- Participants running the traditional course to Grafton will need to arrange their own transportation to the start line and back from Grafton. There will be no shuttles for runners.
- There will be no parking provided for this event. All parking must abide by normal parking rules and regulations. Do not park in the Driftwood Lodge Parking lot or other private parking lots posted as customer or patron parking only. Be aware that all on-street parking in Springdale is paid parking.

- First aid, water stations and toilets will not be available along the route. Participants are encouraged to make appropriate plans for their personal needs during the race.
- The Springdale to Grafton Butch Cassidy course will be open to traffic at all times during the virtual race event. Participants are responsible for their own safety while they participate in the virtual race event. Obey all running safety practices: run against traffic, run as far from the travel lane as possible (use the paved trail in Springdale), wear high visibility clothing, follow basic traffic laws, carry a phone and ID with you, if you listen to music only use one ear bud, etc.
- Participants running the course are encouraged to run either individually or in small groups during times of day where visibility is high and traffic is light.

Lodging and Dining in Springdale

Springdale is home to many fine hotels, inns, and B&B's that can provide accommodations for racers on race weekend. We encourage you to stay for the weekend and enjoy the beautiful fall weather in Zion Canyon. Springdale also boasts a variety of fine restaurants for a healthy pre-race meal on Friday night or a hearty post-race lunch on Saturday afternoon. Check out the Zion Canyon Visitors Bureau website for more information on lodging and dining – www.zionpark.com.

Sponsors

We are lucky to have the greatest sponsors in the world! Please take time to visit one (or more) of our sponsors and thank them for contributing to the race.

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| <ul style="list-style-type: none"> • Town of Springdale • Town of Rockville • Worthington Gallery • Chums • PEHP • Zion Jeep Tours • Zion Guru • Porter's Smokehouse and Grill • Megapro | <ul style="list-style-type: none"> • Grafton Heritage Partnership • Davis Farmer's Market • Z-Arts • Zion Forever Project • Zion 104.1 • Canyon Offerings • Vacation Races • River Rock Roasting Co. • Prismatic Branding |
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