



2016 RUNNERS' GUIDE

Welcome to the 2016 Butch Cassidy 10K and 5K. We are happy you have joined us for this year's race. Please review the important information in this runners' guide. If you have additional questions, please call 435-772-3434 or email frontdesk@infowest.com. We look forward to seeing you on race day, Saturday November 12, 2016!

Packet Pick-Up

You may pick up your race number and race packet at the following locations and times:

- *Springdale Town Hall, 118 Lion Boulevard*
Friday, November 11 from 11:00AM to 7:00PM
- *Driftwood Lodge (10K start line), 1515 Zion Park Boulevard*
Saturday, November 12 (race day) from 7:30AM to 8:30AM. The packet pick-up desk will close promptly at 8:30AM. However, if you are a 5K racer you will need to pick up your packet before you board the shuttles (see info on shuttles below). The last shuttle leaves the Driftwood Lodge shortly after 8:00AM. Please arrive and pick up your packet early.

Parking

ALL race participants (10K and 5K) and ALL spectators must park at the LDS Church parking lot across the street from the Driftwood Lodge in Springdale. This is the only place you should park. There is no parking in Grafton. **DO NOT TRY TO PARK IN GRAFTON.** Do not park in the Driftwood Lodge parking lot. Park at the LDS Church and complimentary shuttles will take you everywhere you need to go on race day.

Shuttles

Shuttles will leave the Driftwood Lodge starting at 7:20AM to take 5K participants to the 5K start line and to take spectators to the finish line in Grafton. The last shuttle will leave the Driftwood Lodge shortly after 8:00AM. If you miss the last shuttle you will not be able to get to the 5K start line in time for the 5K race start. If you need to take a shuttle please arrive early to make the shuttle transport go smoothly.

After the race all runners and spectators will be shuttled from the Grafton finish line back to Springdale. The first shuttle from the finish area back to the Driftwood Lodge in Springdale will leave Grafton after the 10K course is clear (approximately 10:20AM). There will be food, live music,

entertainment, fun activities, awards and prize drawings in Grafton while you are waiting for the shuttles. Please be patient and chillax while waiting for the shuttles.

If you bring a stroller with you and want to transport it on the shuttles, we can help you with that! Please bring the smallest stroller possible, preferably one that collapses nice and compact. Also, be aware that not all of the shuttles have room for strollers, so you may need to wait for a shuttle with stroller storage space.

DO NOT have friends or family try to pick you up in Grafton. The road to Grafton is narrow. There are not many places for vehicles to turn around or to pass each other. Between the race finish line and the shuttle loading area there is not room for private vehicles to pick runners up after the race. Private vehicles trying to get to Grafton will slow down the shuttle transport for other runners, will put the safety of runners on the course in jeopardy, and could limit emergency vehicle access to the finish area. DO NOT have friends or family try to pick you up in Grafton. Thanks!

Start Time

The 5K will start at 8:45AM. The 5K starts just past the bridge on Bridge Road in Rockville. Fire pits and warm beverages will be available at the 5K start line to keep racers warm as you wait for the start.

The 10K will start at 9:00AM. The 10K starts in front of the Driftwood Lodge in Springdale.

Pre-Race Stretch Routine

There will be an organized stretch and calisthenics routine at the 10K start line for those who do not want to pull a hammy. The pre-race stretch routine will begin at 8:40AM on the grass in front of the Driftwood Lodge.

Clothing Drop

There will be a clothing drop at the start lines for both the 10K and 5K. All clothing left at the clothing drop will be transported to the finish line in Grafton. Clothing dropped at the 10K start line before 8:15AM and at the 5K start line before 8:30AM will be available in Grafton when you finish. Clothing dropped after those times will not get to Grafton until **AFTER** the last 10K runner finishes. ***If you want warm clothes at the finish line make sure they get in the drop boxes before the times specified above.*** Please do not leave expensive or sentimentally valuable clothing at the clothing drop. We cannot guarantee clothing dropped along the course will be picked up. If you do not retrieve your clothing in Grafton it will be available at the Town Office for approximately one week after the race. After that we will donate it to charity (or keep it for ourselves if it is really nice).

Course

The 10K starts in front of the Driftwood Lodge in Springdale. The course heads south then west on State Route 9 to Rockville. The course turns left (south) onto Bridge Road in Rockville. From here the course follows back roads to the historic Grafton ghost town.

The 5K starts at the 3.1 mile point of the 10K course, just past the bridge on Bridge Road in Rockville. The 5K follows the second half of the 10K course and ends in Grafton.

Both courses are generally downhill, but there are a few steep uphill sections to keep you honest. The majority of the course is on paved roads with the last half mile on gravel road. Both courses will be closed to traffic during the race.

Water / Aid Stations

Water and Gatorade will be provided at the 10K start line, at mile 3.1 of the 10K (the 5K start line), at mile 4.5 of the 10K (mile 1.5 for the 5K), and at the finish line. Limited first aid will be available at all aid stations and at the finish line.

In an effort to reduce waste, we encourage runners to bring their own bottles/cups for use at the aid stations. Of course, we will still have disposable paper cups available for runners who don't mind trashing the environment.

Special Runner Competitions

If you thought the Butch Cassidy Race was just about running fast you were wrong, dead wrong. We want you to run fast, but we also want you to have some fun while doing it. Participate in the following supplemental voluntary race competitions to enhance your race experience.

- **Butch Cassidy Look-A-Like Contest:** Run the race dressed as Butch Cassidy and you will receive a special prize at the awards ceremony. The best Butch Cassidy (as judged by our panel of expert historians and wardrobe specialists) will receive an extra-special prize. Judging and prizes will be part of the awards ceremony which starts around 10:15AM.
- **Poker Run:** Each runner will receive two poker cards in their race packet. Runners wishing to participate in the poker run will be dealt two additional cards along the course, one at mile marker 4 (mile 1 for the 5k) and one at mile marker 5 (mile 2 for the 5k). Watch for the card dealers at the mile markers and grab a card as you pass by. Take your cards to the awards tent at the finish area where you will be dealt a fifth and final card. The runner with the best poker hand at the end of the race will win a prize. (Note: Five aces is NOT a poker hand.) We will announce the winner as part of the awards ceremony which starts around 10:15AM. Nobody likes cheaters. Trading cards with other runners is cheating. Don't be a cheater. Poker cheats will be dealt with in customary Butch Cassidy style.
- **Catch Butch Cassidy:** Butch Cassidy will be running the race. The first five runners in both the 5k and 10k to catch Butch and beat them to the finish will receive a fantastic prize package from the *Zion Canyon Brew Pub*. Come prepared to run fast and win great prizes.

Spectators

Butch Cassidy loves spectators! We encourage your friends and family to come watch you finish in Grafton. Here are some things they should know.

There is no parking for spectators in Grafton. Please tell your friends and family not to park in Grafton. Spectators should park in Springdale at the LDS Church across from the Driftwood Lodge in Springdale and ride the shuttle to Grafton. The last shuttle for Grafton will leave shortly after 8:00AM.

While spectators are waiting for the runners to finish there will be many fun activities in Grafton. We encourage you to take advantage of these activities before, during, and after the race. There

will also be hot beverages and breakfast pastries from River Rock Roasting Company available for purchase as a fundraiser for local community groups.

Spectators will ride the free shuttles back to the Driftwood Lodge in Springdale after the race. The first shuttle back to the Driftwood Lodge will not leave Grafton until the 10K course is clear (usually about 10:20AM).

Grafton Activities and Entertainment

The Butch Cassidy Race is as much about the party in Grafton as it is about the race itself. Relax and enjoy the many activities going on in the historic Grafton ghost town after the race. Here is a summary of the fun activities at the post race party:

- Interpretive tours of Grafton provided by volunteers from the Grafton Heritage Partnership Project
- Great post race recovery food (free of charge for all runners)
- Hot beverages and breakfast pastries from River Rock Roasting Company (small charge – fundraiser for local community groups)
- Live music provided by Mason Cottam (from the critically acclaimed band Juniper City)
- Butch Cassidy look-a-like contest
- Awards!
- Raffle for amazing prizes donated by our sponsors—free meals, hotel rooms, gift bags and much, much more!

Results and Awards

Trophies will be given to the overall male and female winners in both the 10K and 5K. Age division medals will be given to the top three finishers in each age group in the 10K and 5K. All participants 10 and under in the 5K receive a finishers medal. The awards ceremony will be part of the post race party and will start around 10:15AM.

The race will be timed by RunnerCard. Online results will be available after the race at www.runnercard.com.

Raffle

We have loads of fine raffle prizes donated by our generous sponsors. We will randomly draw runner numbers for raffle prizes while the race is going on. Check the raffle board at the awards table after the race to see if your number was chosen and you won a raffle prize (look for your race number on the board). You must be present to claim your raffle prize. If you don't pick your prize up after the race we will give it to someone else.

Lodging and Dining in Springdale

Springdale is home to many fine hotels, inns, and B&B's that can provide accommodations for racers on race weekend. We encourage you to stay for the weekend and enjoy the beautiful fall weather in Zion Canyon. Springdale also boasts a variety of fine restaurants for a healthy pre-race meal on Friday night or a hearty post-race lunch on Saturday afternoon. Check out the Zion Canyon Visitors Bureau website for more information on lodging and dining – www.zionpark.com.

Movie Night

The Town of Springdale is sponsoring a movie night on Friday, November 11 at 7:00pm. We will show *Butch Cassidy and the Sundance Kid* at the Canyon Community Center, 126 Lion Boulevard. The movie is free. Free popcorn and drinks will also be provided. Come join the fun to get in the Butch Cassidy spirit!

Sponsors

We are lucky to have the greatest sponsors in the world! If you enjoy the race, please take time to visit one (or more) of our sponsors and thank them for contributing to the race.

- ❖ Town of Springdale
- ❖ Town of Rockville
- ❖ Grafton Heritage Partnership
- ❖ Zion Outdoor
- ❖ ZCVB
- ❖ Mega Pro
- ❖ Kashi
- ❖ Zion Adventure Co
- ❖ Xanterra
- ❖ Driftwood Lodge
- ❖ ZNHA
- ❖ Chums
- ❖ Winter crest
- ❖ Zion Pizza & Noodle
- ❖ Wildcat Willies

WEST TEMPLE LEVEL

- ❖ Road ID
- ❖ Sol Foods
- ❖ Bumbleberry Inn
- ❖ Cliffrose Lodge
- ❖ Café Soliel
- ❖ Oscar's Café
- ❖ Ferber Resorts
- ❖ Hampton Inn
- ❖ Springdale Soap Co.
- ❖ Zion Canyon Brew Pub
- ❖ Zion Outback Safaris
- ❖ PEHP
- ❖ Davis Farmers Market
- ❖ Zion Rock & Mountain Guides
- ❖ RSFD

- ❖ David Pettit Photography
- ❖ Red Rock Shuttles and Tours
- ❖ Holiday Inn Express
- ❖ Classic Sports
- ❖ Sunrise Engineering
- ❖ Cable Mountain Lodge
- ❖ Zion Mountain School
- ❖ Red Desert Adventures
- ❖ LaFave Gallery
- ❖ Toaquim's Village
- ❖ Springdale Zion Canyon Visitors Center
- ❖ Bumbleberry Gifts

- ❖ Bit & Spur Restaurant & Saloon
- ❖ Canyon Trail Rides
- ❖ Junction Market X, LLC
- ❖ Zion Canyon Medical Clinic
- ❖ Zion Park Gift & Deli
- ❖ Flanigan's Inn
- ❖ Spotted Dog Restaurant
- ❖ Zion Park Motel
- ❖ Whiptail Grill
- ❖ Junction Market X, LLC

ANGELS LANDING LEVEL

- ❖ Jack's Sports Grill
- ❖ Switchback Grill and Trading Company
- ❖ Silver Bear Enterprises
- ❖ Zion Outfitter
- ❖ Zion Canyon Theatre
- ❖ Zion Rock & Gem
- ❖ Zion Party Rentals
- ❖ Canyon Offerings
- ❖ David J West Gallery
- ❖ Bunk House Bed & Breakfast

- ❖ Lin's Fresh Market
- ❖ Worthington Gallery
- ❖ Holiday Inn/Ensign Hospitality
- ❖ Centerline Construction
- ❖ Park House Café
- ❖ Meadow Gold Dairy
- ❖ Blondies Diner
- ❖ Sunset Canyon Ranch
- ❖ Silver Bear Enterprises